

# Bowden Grandview School

September 2, 2025



## Welcome Back, Bowden Grandview!

It's hard to believe a whole year has passed and we're about to start another school year. The energy around here is already buzzing, and I'm so excited to welcome you all back to our wonderful school community.

Last year was a fantastic start for me, and I want to thank you all for the warm welcome. Together, we built a great foundation of trust and collaboration. We celebrated our successes, learned from our challenges, and supported one another every step of the way. This year, we're going to build on that momentum and continue to make our school a place where every student feels seen, supported, and ready to learn.

I am also thrilled to introduce our new vice-principal, Mrs. Vanessa Hardy. She comes to us with a passion for education and a wealth of experience that will be a huge asset to our students and staff. Please join me in giving her a warm Bowden Grandview welcome when you see her in the hallways.

This year, my door remains open, and I encourage you to reach out with any questions, ideas, or just to say hello. Let's make this another year filled with growth, memorable moments, and endless opportunities.

Here's to a fantastic school year ahead!

Mr. Deen Lockhat



## What's Happening:

### September 12

- Gr 1 & 12 Breakfast

### September 16

- Grad Ring Order in Library @ 12:00

### September 17

- Welcome Back BBQ & Registration
- Terry Fox Run

### September 18

- Picture Day

### September 19

- No School

### September 29

- Orange Shirt Day

### September 30

- No School- National Day for Truth and Reconciliation

### October 3

- Jr/Sr High Awards Night @ 7:00 pm

Just a reminder to please be respectful of the "No Parking in the bus lane during drop off and pick up" Thank you!





Hello!

I'd like to introduce myself as your new Career Counsellor for the 2025-2026 school year. I'm excited to work with you all and help guide you through your academic and career journeys.

I'm here to support all Grade 10-12 students with a variety of academic and career-related goals. Think of me as your primary point of contact for:

- Course registrations and changes
- Credit tracking to ensure you're on the right path to graduation.
- Post-secondary planning for whatever comes after high school, whether it's university, college, or a trade.
- Work experience placements.
- The annual Junior/Senior High Awards Night.
- Helping you enroll in ADLC programming through Career High in Innisfail.
- Navigating dual credit and other off-campus opportunities, such as RAP, pre-employment, and the Green Certificate program.

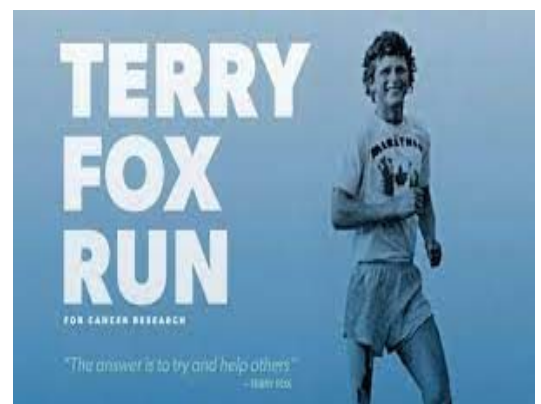
I'm not doing this alone. I'll be working closely with one of our current Educational Assistants, Mrs. Sandra Lewis, who is our new Career Practitioner. She will be a huge help with all of these duties, and together, we're here to support you.

If you have any questions at all, please feel free to reach out to either of us. We look forward to a fantastic year ahead!

Sincerely,  
Mrs. Dye & Mrs. Lewis

Please join Bowden Grandview School  
for our Terry Fox Run on September 17,  
2023 @ 2:00pm

Students are encouraged to bring 'A  
Toonie For Terry'. All donations may be  
submitted to their homeroom teacher.



# Bowden Grandview School Bell Schedule

| K-6          |       |       |
|--------------|-------|-------|
| Block        | Start | End   |
| Warning Bell | 08:35 |       |
| Block 1      | 08:40 | 09:15 |
| Block 2      | 09:15 | 09:50 |
| Block 3      | 09:50 | 10:20 |
| Recess       | 10:20 | 10:35 |
| Block 4      | 10:35 | 11:05 |
| Block 5      | 11:05 | 11:35 |
| Block 6      | 11:35 | 12:05 |
| Lunch        | 12:05 | 12:40 |
| Block 7      | 12:40 | 13:15 |
| Block 8      | 13:15 | 13:50 |
| Recess       | 13:50 | 14:05 |
| Block 9      | 14:05 | 14:40 |
| Block 10     | 14:40 | 15:10 |

| Grade 7-9    |       |       |
|--------------|-------|-------|
| Block        | Start | End   |
| Warning Bell | 08:35 |       |
| Block 1      | 08:40 | 09:45 |
| Break        | 09:45 | 09:50 |
| Block 2      | 09:50 | 10:55 |
| Break        | 10:55 | 11:00 |
| Block 3      | 11:00 | 12:05 |
| Lunch        | 12:05 | 12:45 |
| Block 4      | 12:45 | 13:50 |
| Break        | 13:50 | 13:55 |
| Block 5      | 13:55 | 03:10 |

| Grade 10-12  |       |       |
|--------------|-------|-------|
| Block        | Start | End   |
| Warning Bell | 08:35 |       |
| Block 1      | 08:40 | 10:00 |
| Break        | 10:00 | 10:05 |
| Block 2      | 10:05 | 11:25 |
| Focus        | 11:25 | 11:55 |
| Lunch        | 11:55 | 12:25 |
| Block 3      | 12:25 | 13:45 |
| Break        | 13:45 | 13:50 |
| Block 4      | 13:50 | 15:10 |



## Bowden Grandview School - Class of 2026 – Capture Your Memories!



School Varsity Jackets



Grad Rings & Jewelry



Class of 2026 Clothing & Gear

Order Day – Tuesday, September 16

Time – 11:45 to 12:40

(get your finger sized, ask questions, try on rings, place your order)



Design Your Jewelry  
@ Jostens.com

Save \$70 when ordering at school on order day

or Save \$50 online w/ code RINGMEUPCAN

(on your jewelry purchase – expires 09/30/25 - excludes Basic Option (P) rings)

Sean & Denise Kelly – 403.252.1774 - sean.kelly@jostens.com

# Athlete of the Month

Each month, an Athlete of the Month will be recognized over morning announcements and in the newsletter with some swag.

This athlete will be selected by the extra curricular head coach of the sports taking place that month, based on the number of participants and at the discretion of the Athletic Director.



If you are interested in sponsoring one month or multiple months, please stop in and speak with Ms. Oakley in the office or send her an email at [toakley@cesd73.ca](mailto:toakley@cesd73.ca) for details. We would love to have your sponsorship.

## Gym Schedule

Jr. Girls - grade 7-9

Sr. Girls - grade 9-12 (9s who are interested in trying out for the sr. team)

\*If you are a boy in grade 7-12, please speak with Ms. SG about the possibility of volleyball.

# SEPTEMBER 2025

MON

TUE

WED

THUR

FRI

|  |   |  |  |  |
|--|---|--|--|--|
| 1  | 2<br>First day of school  | 3<br>Cross Country Mtg. @<br>Lunch<br><br>Sr. Girls Volleyball<br>Tryouts 3:15-5:00      | 4<br>Jr. Girls Volleyball<br>Tryout 3:15-4:45<br><br>Sr. Girls Volleyball<br>5:00-7:00 | 5<br>Sr. Girls Volleyball<br>3:15-5:00 |
| 8<br>First Cross Country<br>Practice 3:15-4:15 | 9<br>Staff Mtg.<br>Jr. Girls Volleyball<br>3:15-4:45<br>Sr. Girls Volleyball<br>5:00-7:00 | 10<br>Jr. Girls Volleyball<br>3:15-4:45<br><br>First Cross Country<br>Practice 3:15-4:15 | 11<br>Sr. Girls Volleyball<br>3:15-5:00  | 12                                     |

# 2025 Bowden Community Showcase



**Come out and learn all that  
Bowden & Area has to offer  
For ALL AGES and interests.**

**BOWDEN**

- ⇒ *Learn about local organizations.*
- ⇒ *Discover more about Bowden clubs & activities.*
- ⇒ *Connect with volunteers.*
- ⇒ *Find out what services are offered in Bowden.*
- ⇒ *Children must be accompanied by a guardian.*

**WEDNESDAY**   
September 17, 2025

**TIME**   
5:00 - 7:00 PM

**BOWDEN**  
**GRANDVIEW SCHOOL**   
2238 - 21 Ave

**GRAD 2026 BOTTLE DRIVE**

**Friends of Grandview Fundraiser  
BBQ \$5/Person**

**INTERESTED IN A TABLE?**

**CONTACT:**  
**FCSS@BOWDEN.CA**

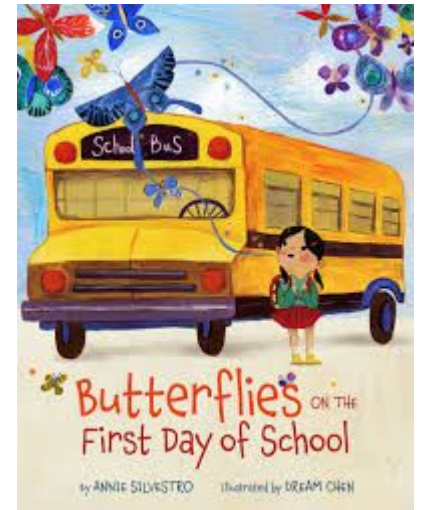
## Literacy Corner

It's back-to-school season! We are incredibly excited to have you back this year! There are so many incredible authors to showcase that share in the first day of school jitters as well as the excitement! As you probably already know, pretty much every picture book character with a series also has a book about going to school. So, if your child loves Daniel Tiger, Llama Llama, Little Blue Truck, Pete the Cat, Amelia Bedelia, or the Pigeon, among many many others, be sure to check out the corresponding books. Seeing a favorite character go to school goes a long way in easing kids' nerves!

### Butterflies on the First Day of School

by Annie Silvestro

Rosie can't wait to start kindergarten—she's had her pencils sharpened and her backpack ready for weeks. But suddenly, on the night before the big day, her tummy hurts. Rosie's mom reassures her that it's just butterflies in her belly, and she'll feel better soon. Much to Rosie's surprise, when she says hello to a new friend on the bus, a butterfly flies out of her mouth! As the day goes on, Rosie frees all her butterflies, and even helps another shy student let go of hers, too.

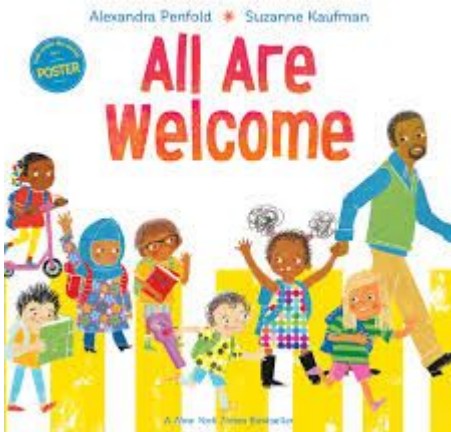


### All Are Welcome

by Alexandra Penfold

Discover a school where all young children have a place, have a space, and are loved and appreciated.

Readers will follow a group of children through a day in their school, where everyone is welcomed with open arms. A school where students from all backgrounds learn from and celebrate each other's traditions. A school that shows the world as we will make it to be.



## Indigenous Education

### The Land Knows Me: A Nature Walk Exploring Indigenous Wisdom

by Leigh Joseph

***Through the Squamish language and cultural traditions, learn about Indigenous plant relationships and how we are all connected to nature through plant-based foods, medicines, and materials.***

The best way to learn about plants is through observing and interacting with living examples. Join *Held by the Land* author Leigh Joseph and her children in *The Land Knows Me*, an educational, hands-on journey to discover all the wonderful uses and gifts of the plants around us. Through the Indigenous traditions of Squamish culture you'll learn how to ground yourself on the land, how to introduce yourself in the Squamish language to your plant relatives, and the many teachings about plants, cultural stories, and learnings related to the flora seen on your walk.

