

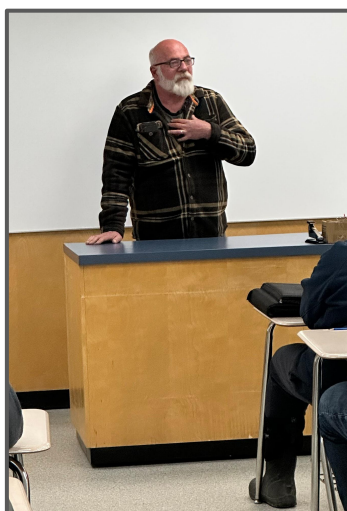
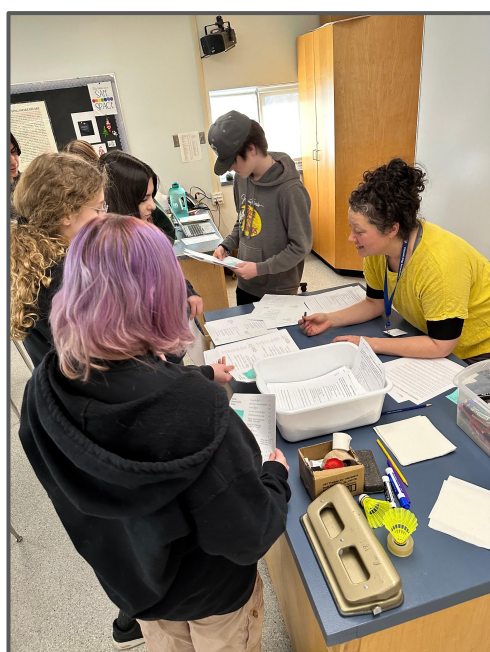
Bowden Grandview School

March 31, 2025



CALM

Ms. McKee and Ms. SG have had many speakers come into our Career and Life Management class (CALM) to speak on their career paths, passions and unexpected challenges throughout their lives. Students will continue to have guests come into the room for the rest of the semester. Students have been a wonderful audience and are always asking great questions of our presenters.



What's Happening:

Thursday, April 3

- Subway Lunch



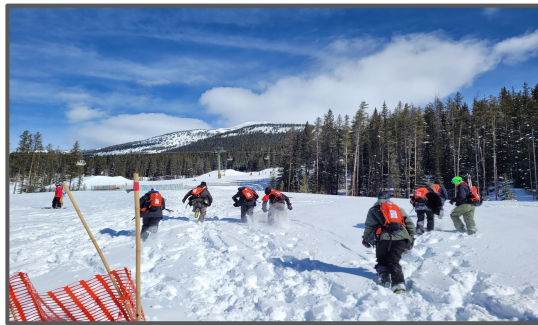
BGS HOT LUNCH

April 3rd - Subway
April 17th - Mac & Cheese
May 1st - Pizza Hut
May 15th - Hot Dogs
May 29th - Subway
June 12th - Pizza Hut
(Last hot lunch of the year)



Winter Travel 25

Beth Andres and Cole Scott completed WT 25 at the Canadian Rockies Outdoor Learning Center in mid March with students from Cremona and Spruce View. They spent 3 days working on completing various credits and completing their AST1 (Avalanche Skills Training Level 1) at Lake Louise.



Grade 8 PE

Jula from Red Deer Titans Rugby came and taught our grade 8 PE class last week! She was wonderful and was so impressed with our students' quickness to pick up the basics of rugby. Jula led students through a warmup and then taught a few skills to students and finished with a modified game of rugby. Thanks for coming in and sharing your sports with us, Jula!



Information About Measles

Parents, Guardians, School Staff and Volunteers

Measles cases are increasing globally, with numerous countries and travel destinations reporting outbreaks including the United States, Europe and Canada. So far in 2025, Canada has seen a significant increase in measles cases and a number of jurisdictions have reported measles outbreaks. Cases of measles have been reported in New Brunswick, Ontario, Quebec, British Columbia, Manitoba and most recently, Alberta.

There are no confirmed measles cases at your school at this time; however, it is important that parents are aware of the risk and are supported by Alberta Health Services (AHS) Public Health.

Measles Illness

Measles is very contagious and is easily spread through the air. Some people who get measles can have serious health problems. In rare cases, measles can lead to death.

Measles is a viral illness. Symptoms include fever, cough, runny nose, red eyes, and a blotchy rash. Symptoms usually start 8-12 days after exposure but can take as long as 21 days to appear.

Measles may cause complications including ear infections, pneumonia, seizures, or inflammation of the brain. Complications are more common among children under five years and people who are pregnant or immunocompromised.

A person with measles symptoms should stay home, avoid contact with others, and call Health Link at 811 before visiting any healthcare facility or any healthcare provider.

Protection against Measles

The best protection against measles is to get immunized. Measles vaccines are highly effective.

In order to be adequately protected against measles, individuals born in or after 1970 need two documented doses of measles-containing vaccine.

In Alberta, measles-containing vaccines are available free of charge for eligible individuals. The routine childhood immunization program includes two doses of measles containing vaccine.

For more information about measles-containing vaccines please go to ahs.ca/immunize or talk to your/your child's healthcare provider. Parents and guardians can check that their child has received two doses of measles vaccine by calling Health Link at 811 or by contacting their local public health or community health center [ahs.ca/info/page17791.aspx]. Individuals who are 14 years of age and older can check their immunization record at myhealth.alberta.ca/myhealthrecords.

Measles Case Response

If measles is confirmed at your school, Public Health will immediately begin working with the school to keep everyone safe and reduce the risk of measles spreading.

To reduce transmission of measles, provincial Public Health guidelines require those with infection and their contacts who are not immune to measles to stay at home and away from others until the risk of spreading the disease is over.

Further, we encourage you to keep children home when showing any signs of illness. **Two doses of measles vaccine given before a school measles exposure provides protection against measles and avoids possible exclusion.**

Next Steps

If your child is not immunized, or you are unsure about you or your child's immunization status, please call Health Link at 811.

You can also learn more from myhealth.alberta.ca about measles, who is at risk, and how it spreads, including:

- immunization: myhealth.alberta.ca/topic/immunization/pages/measles.aspx • frequently asked questions: myhealth.alberta.ca/topic/immunization/documents/measles-faq.pdf
- text "measles" to 88111 for information by text message.

Thank you for your support.

Grow with Us!



Bowden Grandview School SPRING FLOWER FUNDRAISER



Nursery • Sod • Garden Centres

Blue Grass
Fundraisers

Name: _____ Student Name: _____

Phone Number: _____

Email: _____

Number of 11":

Total Cost:

\$30.00/ea



11" Premium Hanging Basket

Add elegance to your summer with this premium 11" hanging basket. \$30.00 each.

Number of 12":

Total Cost:

\$35.00/ea



12" Premium Patio Planter

Overflowing with vibrant blooms and accent plants, this planter is a show stopper. \$35.00 each.

Number of Tomatoes

Total Cost:

\$25.00/ea



10" Caged Tomato Plant

Enjoy homegrown tomatoes with our 10" Caged Tomato Planter—perfect for patios or decks. \$25.00 each.

Number of Strawberries

Total Cost:

\$4.00/ea



4.25" Strawberry Plant

Easy to grow and perfect for pots or garden beds, these hardy plants produce sweet, juicy berries through the summer. \$4.00 each

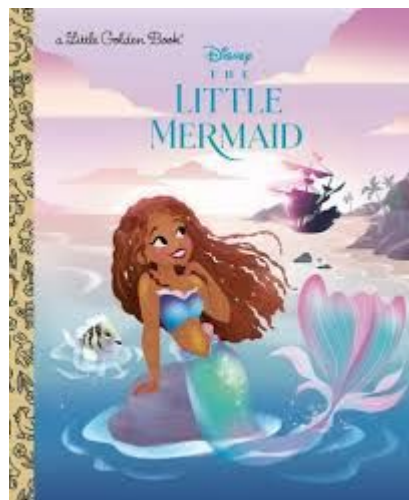
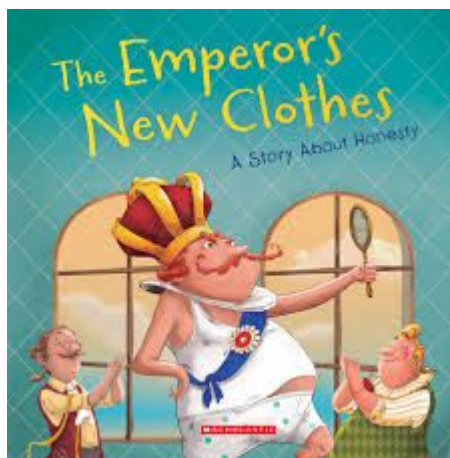
DEADLINE: Thursday, April 17. For info please call 403-357-8404. Pick up date May 7.

**** If you prefer to order online, please email kfagan@cesd73.ca for the link! ****

You pay by cash or cheque made out to FOG or pay online by credit card.

Literacy Corner

Since 1967, on or around Hans Christian Andersen's birthday, 2 April, **International Children's Book Day** is celebrated to inspire a love of reading and to call attention to children's books. Andersen's fairy tales, consisting of 156 stories across nine volumes. His most famous fairy tales include "[The Emperor's New Clothes](#)", " ", "[The Nightingale](#)", "[The Steadfast Tin Soldier](#)", "[The Red Shoes](#)", "[The Princess and the Pea](#)", "[The Snow Queen](#)", "[The Ugly Duckling](#)", "[The Little Match Girl](#)", and "[Thumbelina](#)." Andersen's stories have inspired ballets, plays, and animated and live-action films. What's your favorite Andersen book or movie? Which one do you think they should remake next?



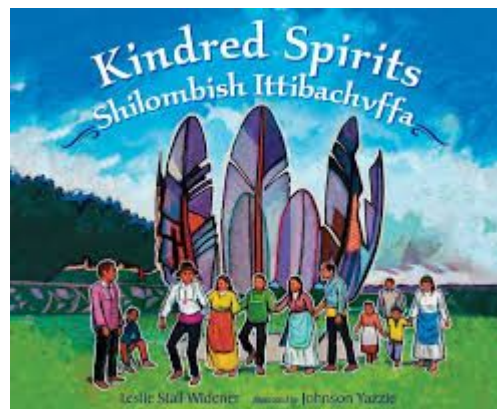
Indigenous Story about Nature

Kindred Spirits: Shilombish Ittibachvffa

by Leslie Stall Widener (Author), Johnson Yazzie (Illustrator)

A nonfiction picture book about the inspiring true pay-it-forward story that bridges two continents, 175 years, and two events in history--connecting Ireland, Choctaw Nation, Navajo Nation, and the Hopi Tribe.

Choctaw author Leslie Stall and Navajo illustrator Johnson Yazzie come together to share the importance of empathy and kindness.



***Bowden Paterson Community Hall &
Bowden Town Theatre presents...***

ALIBIS

By Peter Kennedy

Friday, May 2

Doors Open at 5:30 pm

Dinner at 6:30 pm

Play starts at 8:00 pm

Saturday, May 3

Doors Open at 5:00 pm

Dinner at 6:00 pm

Play starts at 7:30 pm

\$65 Prime Rib Meal - Dessert Table, Cash Bar, Silent Auction

**Tickets available at the Bowden ATB
or Call Kim at 403-507-5090**

(Seating will be planned on a first come, first served basis)

Our BGS Drama Club will be the Opening Act!

Bowden & Area Residents

Community Volunteer Income Tax Program

Olde Library Community Centre, 1700 - 23 street

Friday, March 14, 10:00 a.m. to 3:00 p.m.

Saturday, April 5, 10:00 a.m. - 3:00 p.m.

Saturday, April 26, 10:00 a.m. - 3:00 p.m.

Community Volunteer Income Tax
Program dates are by appointment only.

To schedule an appointment contact

FCSS: 403-224-2207

Email: FCSS@bowden.ca

*Arrangements can also be made to drop off your
Tax Information at the Town of Bowden Office for pick up
& preparation by our volunteers anytime.*

*The Volunteer Tax Program is for basic forms and is FREE
for seniors, students & low income individuals.*



BOWDEN

 **fcss**
Red Deer & District
Family and Community
Support Services