March 21, 2022

Bowden Grandview School

What's Happening:

Wednesday, March 23

Report Cards (K-8)

Friday, March 25

No School-BGS Collaborative Day

Hot dog day will be enjoyed on March 23.

Grade 4, 7 and 10 parents you should be receiving the Alberta Education Assurance Survey in the mail. Please take the time to fill this out as it gives us important information that guides future school decision making.

Mrs. Berggren is retiring and her last day with us will be April 29. She has been working in our division for over 30 years. Mrs. Berggren will be missed by all of our BGS family. She has provided us with such amazing support in her time at our school. We wish her all of the best in her new retirement adventures and thank her for all she has done for Bowden Grandview School.

Welcome to Ms. Paige Harvey who will be our new Admin Support Finance person. Ms. Harvey will be with us for a few days in March and April learning from Mrs. Berggren before she takes on the role full time at the end of April. Paige is a former Chinook's Edge graduate who has a strong background in banking and financial administration. She is currently working in another school providing coverage as their Admin Support Financial person and she brings a great deal of knowledge and skills to our building.

On March 25 our teachers will be engaged in collaborative learning with their K-12 colleagues from across our division as well as continuing to work on their vertical team goals with other staff members in our building. We use these days to deepen our understanding, skills and expertise on a variety of topics to improve our teaching and learning practices.

Thanks,

Jeff Thompson

Principal

Bowden Grandview School

Kindergarten

That sneaky leprechaun left our Kindergarten students a trick and a treat this year!

Ff Gg Hh Il Jj Kk

Nn Oo Pp Da Sr Sa Fr Uu Wv

















📲 Happy St. Patrick's Day

Grade One

The grade one class is hoping to catch the leprechaun and get his gold. They would like to donate it to the school, to cancer research or some people that really need it!



Rainbow Club



March Rainbow Club had us celebrating now that we can all be together! We had streamers and blew horns to celebrate. With only 3 club meetings left for the year we spent today's meeting brainstorming awesome ideas for the next months to come.

Biology 20

Biology 20 dissected a pig heart to research the Circulatory system







Greetings Parents and Community Members of Bowden Grandview School

From the Board of Friends of Bowden Grandview; I want to say a huge thank you to all those that have participated in the fundraising that we have been doing within the school. I just wanted to let everyone know how much we have raised and what we have been supporting this year. The first fundraiser we did was the Dieleman Fundraiser in November which we made a profit of \$2096.55. The next fundraiser we did was the Purdy's Chocolate Fundraiser in which we made a profit of \$1033.60. We then did our Little Shoppers in December. It was a big success since we only charge \$1.00 an item. We raised \$488.60. All the proceeds from the Little Shoppers are always donated locally to our Silent Santa to support local families in need during the holiday season. Our next fundraiser was the tea fundraiser. We raised a profit of \$278.60. We are now in the process of doing a meat fundraiser and will be doing the hanging baskets as well.

This year, Friends of Bowden Grandview has purchased two exercise bikes for the lower elementary classes to promote movement and exercise for the younger students. We purchased new athletic balls for the junior high and high school sports teams. We have paid for the entire programming for the Accelerated Reader program in which students can use from Kinder to Grade 12. We also purchased prizes for the Accelerated Reader contest. We look forward to supporting the school in more ways as the school year continues.

We have also started up the Breakfast Program and it has been a huge success this past week. We would like to give a huge thank you to the Town of Bowden for purchasing a new toaster for our program. It will be a huge asset to our program. We are averaging feeding over 70 children a day. This program is funded by a grant sponsored by the President's Choice Children's Charity School Nutrition Grant. We serve a wide variety of items such as toast, bagels, muffins, fruit, yogurt and cheese. At this time, we are looking at volunteers to come in each morning to serve breakfast. It takes approximately an hour of your time. If you are interested in helping out you can email <u>bgscouncil@gmail.com</u>, contacting the school directly or you can phone me at 403-506-5222.

Thank you once again

FRIENDS OF BOWDEN GRANDVIEW



Fundraiser Order Guide

Name:

Cheques paybale to FOG

Orders Due: April 12

Friends of Grandview Fundraiser

Contact Number Email Address:

Gluten Free *

item#	Description	Size: kg, pieces	Quantity	Price	Total
	BEEF				
#13171	6oz TOP SIRLOIN	4.08kg, 24 pcs		\$130.00	
# 21419	4oz TENDERLOIN - BACON WRAPPED FZ	2.76kg, 24 pcs		\$110.00	
# 51283	1/2oz ITALIAN MEATBALLS COOKED FZ	4.54kg, 320 pcs		\$65.00	
# 51449	GINGER BEEF W/ SAUCE FZ	4.54kg		\$75.00	
#28125	GRASS FED RIB EYE 6OZ	24 pcs		\$135.00	
# 52159	GROUND BEEF 10 x 500g FZ	5.00kg, 10 x .500g		\$70.00	
	BEEF BURGE	RS			
# 53400	5oz STERLING SILVER PREMIUM BURGER* FZ	4.54kg, 40 pcs		\$65.00	
#53401	602 STERLING SILVER PREMIUM BURGER* FZ	4.54kg, 25 pcs		\$65.00	
# 53330	602 PRIME RIB PREMIUM BURGER* FZ	5.10kg, 30 pcs		\$80.00	
# 53226	BURGER 6 OZ TOP GRASS FZ	4.76kg, 30 pcs		\$90.00	
#53268	LIL CHEF BURGER 2.670Z	4.54kg, 60 pcs		55.00	
	PORK				
# 54682	PORK BITES BONELESS & BREADED FZ	4kg, 315 pcs		\$65.00	
# 54936	402 PORK STEAK BONELESS* FZ	2.76kg, 24 pcs		\$75.00	
# 55080	BACON FRESH SLICED NATURALLY SMOKED* FR	5kg, AVG 154 slices		\$85.00	
# 55903	MEADOWCREEK SPICY ITALIAN SAUSAGE* FZ	5.00kg, 36 pcs		\$75.00	
# 56140	BREAKFAST PORK SAUSAGE FZ	5kg, 154 pcs		\$60.00	
	POULTRY				
# 61399	6oz CHICKEN BREAST SS BONELESS/SKINLESS* FZ	4kg, 23 pcs		\$70.00	
#61725	CHIK THIGH B/S IQF FZ RGL	4kg		\$55.00	
# 59986	CHICKEN CORDON BLEU 170G FZ	3.4kg, AVG 20 pcs		\$65.00	
# 60797	CHICKEN STRIPS RANDOM FZ	4kg approx 60 pcs		\$65.00	
#59747	CHIK WING SPLIT TIP OFF NAT IQF	5kg, ~100 pcs		\$65.00	
	SEAFOOD	4.54		tor 00	
# 66265	102 COD BITES BATTERED	4.54kg, 270 pcs	\vdash	\$85.00	
# 72637	602 SALMON BONELESS/SKINLESS*	4,54kg, 26 pcs	┝──┤	\$185.00	
#79270	SALMON WELLINGTON 60Z	16 pcs		\$100.00	
#73162	BACON WRAPPED SCALLOP Skewers	3.50kg, 25 skewers		\$120.00	
#73827	SHRIMP 21-25 RAW PEELED & DEVEINED WHITE* CKD PEI BLUE MUSSELS FZ	2lbs (21-25 pcs/lb) 10X1LB		\$35.00 \$50.00	
#70038		10/116		\$50.00	
# 77909	DESSERT DEEP DUTCH BROWNIE SHEETCAKE	2.33kg		\$35.00	
# 77986	NANAIMO BARS SHEETCAKE	3.06kg		\$35.00	
77898	CARAMEL CARROT CHEESECAKE	2.2kg		\$50.00	
78205	TURTLE CHEESECAKE	2.4kg		\$45.00	
78160	CAPPUCINO ICED VANILLA CAKE	1.75kg		\$30.00	
78027	CHOCOLATE SUPREME CAKE	5.90kg		\$75.00	
	SUMMER FEAT	-			
# 51010	BEEF SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$125.00	
# 54665	PORK SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$95.00	
# 61440	CHICKEN SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$105.00	
# 54001	PULLED PORK GLUTEN FREE FZ *	4.54kg, 2pkg		\$110.00	
# 59299	BEEF PULLED CKD GLUTEN FREE FZ *	4.54kg, 2pkg		\$130.00	



Thank you for supporting your local organization through this fundraiser!

Total:





SPRING BREAK Activity camp!

Community Learning Campus **April 18- 22, 2022** 8:30 am-4:30 pm Ages: 6-12 yrs.

Spend your Spring Break at the CLC! We have many exciting plans for the week including geocaching, arts & crafts, science experiments, swimming, gaga ball, floor hockey, soccer, and many more games and activities!

> **\$180** /Week **\$50** /Day

REGISTER AT: www.communitylearningcampus.ca/recreation/camps email: clcrecreation@oldscollege.ca



Updated Covid-19 Alberta Health Daily Checklist (February 9)

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the <u>Government of Canada Travel, Testing, Quaran-</u> <u>tine and Borders</u> instructions, including any requirements for exempt travelers related to attending high-risk environments.

International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada.

If your child has tested positive on a rapid antigen test or received a message from Public Health indicating that they are a case4 of COVID-19, they are required to isolate as per <u>Public Health instructions</u>. For more information on isolation requirements after a positive rapid antigen test, refer to the <u>Rapid testing at home website</u>.

Screening Questions for Children under 18:

1.	Has your child been a household contact of a case4 of COVID-19 in the last 10 days? A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.		NO			
lf chi	ld answered "YES" AND they are NOT fully immunized₅:					
	Child should stay home and NOT attend school, childcare and/or other activities for 10 days from the last day of exposure					
	and monitor for symptoms, unless they have tested positive for COVID-19 in the last 90 days AND	completed	the			
	mandatory 10- day isolation period, in which case they can proceed to question 2.					
lf oh	ild answered "YES" and they are fully immunized₅ proceed to					
	stion 2: If child answered "NO" to question 1, proceed to question					
2:	stion 2. If child answered NO to question 1, proceed to question					
2.	Does the child have any new onset (or worsening) of the following core symptoms:					
	Fever	VEO				
	Temperature of 38 degrees Celsius or higher	YES	NO			
	Cough	YES	NO			
	Continuous, more than usual, not related to other known causes or conditions such as asthma	IL3	NO			
	Shortness of breath	VEO				
	Continuous, unable to breathe deeply, not related to other known causes or conditions	YES	NO			
	such as asthma					
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders					
If th	e child answered "YES" to any symptom in question 2:	lI	L			
	e child is fully immunized₅					
Isolate for 5 days from the day of onset of symptoms or until symptoms resolve ³ whichever is longer.						
	After this isolation period, up to a total of 10 days from the day of symptom onset, they are required to wear a					
mask at all times when in a public place or otherwise in the company of other persons with no exceptions.						
If the child is NOT fully immunizeds,						
they must isolate for 10 days from the day of onset of symptoms or until symptoms resolve ₃ whichever is longer Whether they are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two neg-						
ative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms re-						
solves.						
	If they are within three weeks of the initial positive test of a previous infection they do not need to test again, and they					
can leave isolation when symptoms resolve ₃ .						
They can use an <u>at-home rapid antigen test</u> if available or access the <u>AHS Online Assessment Tool</u> for advice on managing mild symptoms, and whether they are eligible for a COVID-19 moleculartest.						

₃Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication₄A labconfirmed case OR a probable case as defined in the <u>Alberta COVID-19 Notifiable Disease Guideline</u> A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

NOTE:

If they have had a previously confirmed COVID-19 infection within the past 90 days, wait until three weeks have elapsed from the initial positive test, to take a rapid antigen test.

Children 2 years of age and younger are not eligible for rapid antigen testing and should complete the <u>AHS Online Self-Assessment</u> tool to access molecular (e.g. PCR) testing.

If the child answered "NO" to all of the symptoms in question 2, proceed to question 3.

Chills Without fever, not related to being outside in cold weather	YES	Ν
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	N
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	N
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	N
Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	N
Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication	YES	N
Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury	YES	N
Headache Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	N
Conjunctivitis (commonly known as pink eye)	YES	N

If the child answered "YES" to ONE symptom in question 3:

Keep your child home and monitor for 24 hours and consider giving child an <u>at-home rapid antigen test</u>.

If <u>at-home rapid antigen testing</u> is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.

If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an <u>at-home rapid antigen test</u> if available or follow the <u>AHS Online Assessment Tool</u> for advice on managing mild symptoms, and whether you need to be tested for COVID-19.

If the child answered "YES" to TWO OR MORE symptoms in question 3:

Keep your child home

Use an <u>at-home rapid antigen test</u> if available or follow the <u>AHS Online Assessment Tool</u> for advice on managing mild symptoms, and whether you need to be tested for COVID-19.

NOTE:

If they have had a previously confirmed COVID-19 infection within the past 90 days, wait until three weeks have elapsed from the initial positive test, to take a rapid antigen test.

Children 2 years of age and younger are not eligible for rapid antigen testing, and should complete the <u>AHS Online Self- Assess-</u> ment tool to access molecular (e.g. PCR) testing.

For at-home rapid antigen testing result instructions:

If <u>at-home rapid antigen test</u> is negative they can return to school and activities when they feel well enough to go.

If <u>at-home rapid</u> antigen test is positive, the child is required to isolate as outlined above for **question 2**.

If the child answered "NO" to all questions:

Your child may attend school, childcare and/or other activities

Literacy Education

How did you celebrate Pi Day? Grade 5 celebrated 3.14 with poetry and pie! There are so many incredible books about all things math and be sure to check out the booklist of women with careers based in mathematics!



Indigenous Education

NEW FILM

Exciting new Indigenous-made thriller Night Raiders, nominated for 11 Canadian Screen Awards including Best Picture is out to stream!! Movie contains contains some mature content and themes and is recommended for students grade 9 +. You can watch this film at https://digital.tiff.net/film/nightraiders/









Bowden Community Garden is a wonderful way to help cut grocery costs!

Grow your own FRESH produce & get in touch with some dirt too!

To "Dig In" contact Jade at FCSS: 403-224-2207 or email <u>fcss@bowden.ca</u>



Y.O.U DAY

SPEND THE DAY CREATING YOUR OWN UNIVERSE

YOUTH AGES 13 TO 18 JOIN US FOR A DAY ALL ABOUT YOU.

YOUTH WILL BE BUSED TO THE HALL, HAVE LUNCH, LISTEN TO SPEAKERS AND PARTICIPATE IN ACTIVITIES TO HELP CREATE A POSITIVE UNIVERSE AROUND THEM

TO REGISTER: SCAN QR CODE OR CALL THE FRN AT 403-877-7110



SPACES LIMITED REGISTER TODAY FRIDAY MARCH 25TH BOWDEN COMMUNITY HALL 8:30AM -4:30PM

MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRE-REGISTRATION REQUIRED		1 Stay, Play & Learn 9:30am-11:00am (INN)	2 Book Club (DEL) 12:30pm-1:30pm	3 Stay, Play & Learn 10am-11:30am (SV) Lego Club 3-5vrs	4 PD DAY Active Kids 10am-11am (BOW) Art Attack	5
		Impact Youth Club 3:30pm-4:30pm (INN)	3:15pm-4:30pm(ELN)	1:30pm-2:30pm (INN)	1pm-2:30pm (INN)	
6 CALL OR TEXT 403-877-7163	7	8 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club	9 Book Club (DEL) 12:30pm-1:30pm	10 Stay, Play and Learn 10am-11:30am (SV)	11 Stay, Play and Learn 10am-11am (BOW)	12 Elnora Smore's and
TO REGISTER	Creative Masters 5:30pm-6:30pm (PNELKE)	3:30pm-4:30pm (INN) Bravely Anchored 6pm-8pm (INN)	Lego Club 3:15pm-4:30pm (ELN)	Game Night @ The Coffee Cottage 3:30pm-5pm (INN)	Lego Club 6-10yrs 3:30pm-4:30pm (INN)	Games 10am-12pm (Elnora Campground)
13	14 Stay, Play and Learn 10am-11am (SPBRK)	15 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club 3:30pm-4:30pm (INN) Suicide Prevention Webinar 6pm-7pm	16 Book Club (DEL) 12:30pm-1:30pm Impact Youth Club 3:15pm-4:30pm(ELN)	17 Stay, Play & Learn 10am-11:30am (SV) Lego Club 3-5yrs 1:30pm-2:30pm (INN)	18 Active Kids 10am-11am (BOW) Art Attack 3:30pm-4:30pm (INN)	19
20	21 Creative Masters E-20mm (E)20mm (D)EL (KE)	22 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club 3:30pm-4:30pm (INN) Bravely Anchored	23 Book Club (DEL) 12:30pm-1:30pm Lego Club 3:15pm-4:30pm(ELN)	24 Stay, Play and Learn 10am-11:30am (SV) Game Night @ FRN Office	25 PD DAY Youth Day 10am-4pm	26 Dad and Me Build It 10am-12pm(ELN) (Elnora Legion)
27	5:30pm-6:30pm (PNELKE) 28 Stay, Play and Learn 10am-11am (SPBRK)	6pm-8pm (INN) 29 Stay, Play and Learn 9:30am-11am (INN)	30 Book Club (DEL) 12:30pm-1:30pm	3:30pm-5pm (INN) 31 Stay, Play and Learn 10am-11:30am (SV)		
		Impact Youth Club 3:30pm-4:30pm (INN)	Impact Youth Club 3:15pm-4:30pm (ELN)	Lego Club 3-5yrs 1:30pm-2:30pm		
Family Resource Network						

Bowden & District Residents Income Tax Preparation •BY APPOINTMENT ONLY*

Will be held at the Olde Library Community Centre:

Friday, March 25, 12:00pm - 4:00pm Saturday, April 2, 10:00am - 4:00pm Saturday, April 23, 10:00am - 4:00pm

Due to Covid-19 protocols, the Community Volunteer Income Tax Program dates will be by appointment only for the 2022 sessions. To schedule an appointment, contact **Bowden FCSS** at **403-224-2207**

Please leave a message.



The Volunteer Tax Service is for basic forms and is FREE for seniors, students & low income individuals.

No walk-in appointments will be available during the Tax Preparation dates. If you need an appointment outside these times or dates, please ask. Thank you.

In-Door Locations & Days

Springbrook

tay, Play and Learn (0-6 yrs)

Where: Springbrook FCSS Building 3824- 21A St When: Every Other Monday From 10am-11am

Pine Lake

Creative Masters (6-12 yrs

Where: Pine Lake Community Hall 20 36366 Range Rd 252 When: Every Other Monday From 5:30pm-6:30pm Innisfail

ay, Play and Learn (0-6 y

Where: Innisfail United Church 4720 48 Ave When: Every Tuesday From 9:30am-11:00am

Impact Youth Club (7+ yrs)

Where: Innisfail FRN Office 5035 49th St When: Every Tuesday From 3:30pm-4:30pm

Lego Club (6+ yrs)

When: Every Other Friday from 3:30pm-4:30pm Where: FRN Office 5035 49th St

Lego Club (3-5yrs)

When: Every other Thursday from 1:30pm-2:30pm Where: FRN Office 5035 49 St

Art Attack (13+yrs

When: Every other Friday Where: FRN Office 5035 49 St

Game Nights (12+yrs

When: Every other Thursday from 3:30pm-5pm Where: FRN Office 5035 49 St and The Coffee Cottage 5112 49 Ave

Elnora

Impact Youth Club & Lego Club (7+yrs)

Where: Elnora Legion 4th Ave When: Every Wednesday From 3:15pm-4:30pm Lego Club will be held the opposite Wednesdays

Delburne

elburne Book Club (Caregivers

Where: Delburne United Church 2306 20th St When: Every Wednesday From 12:30pm-1:30pm <u>Spruce View</u>

tay, Play and Learn (0-6 yrs

Where: Spruce View Community Hall 2127 AB-54 When: Every Thursday From 10am-11:30am Bowden

Stay, Play and Learn (Every Other Friday) (0-6yrs

Active Kids (Every Other Friday) (0-6 yrs)

Where: Bowden Friendship Club 2133 18 Ave When: Every Friday From 10am-11am

State Red Deer & District Club District Club

VIRTUAL PROGRAM MONDAYS | AGES 10-14 6:00PM - 7:30PM

Contact davidb@youthhq.ca for more info on how to join

YOUTHHQ.CA

THIT

YOUTH

YOUTH HQ 4633 49 Street 403-342-6500